



KICKBALL *Cheat Sheet*

ROSTERS

- A full team on the field consists of 10 players with a minimum of 3 females
- The minimum number of players required to avoid a default is; 7 *players including at least 2 females*

GAME PLAY

- A game is 90-minutes in length, or 9-innings
 - A new inning cannot be started with less than 10 minutes remaining in the timeslot
- **Regular Season:** Ties are allowed
- **Playoffs:** Ties are not allowed
 - An extra inning will be played
 - If the score remains tied, additional extra-inning(s) will use the 'International Scoring Rule'
 - The final out from the previous inning will start as a runner on 2nd base
- All Kickball games are self-officiated / umpired
 - The kicking team is required to supply a home plate umpire
- **Scoring:**
 - A team can score a maximum of 7 runs in an inning, with the exception of the last inning
 - Mercy will be called if one team gains a 20-run lead
 - Teams are limited to a maximum of 5 home runs per game
 - Subsequent home runs will be recorded as a double
- **Pitching:**
 - All pitches must be thrown underhand
 - No windmill or bounce pitches (higher than 1 foot) are permitted
 - If a male batter is walked on 4 straight balls and a female batter is on-deck, the male will automatically 'walk' to 2nd base - the female batter has the choice of walking to 1st base, or batting
- **Kicking:**
 - All players playing in the game must be listed in the kicking order
 - There is no limit to the length of the kicking order, as long as the male-female ratios remain intact
 - 3 females must appear within the first 10 players in the kicking order
 - If only 2 females are present, every 3rd female spot is an automatic out
 - 3 male kickers in a row may only appear in a row once in the kicking order
 - A kicker who hits a foul tip with two strikes is 'out'
 - Bunting is not allowed, a full-kick attempt must occur
- **Baserunning:**
 - Pinch runners are only allowed for injured players – the runner should be the last player out (same gender)
 - Lead-offs or stealing bases are not permitted
 - When running to 1st base the kicker must touch the orange safety base
 - Runners coming home cannot turn back once passed the commitment line
 - Runners coming home must not touch home plate or else they are 'out'
 - Sliding is only permitted at 2nd and 3rd base
- **Fielding:**
 - Fielders must remain behind the respect line until the kicker makes contact with the ball
 - For infielders, the respect line is the base path
 - A fielder may throw or kick the ball at the runner to record an out
 - Headshots are not permitted (the runner will be called safe)
 - When making an out at home plate, fielders cannot tag the runner
 - On an overthrow where the ball rolls out of play, all runners advance one base beyond the base they were travelling towards at the time of the overthrow